

A PATIENT'S GUIDE  
TO OUTPATIENT SURGERY  
AT ST. JOSEPH'S OUTPATIENT  
SURGERY CENTER



**Dignity Health™**

St. Joseph's Hospital and  
Medical Center

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**Outpatient Surgery Center  
Recovery Care Center**

***Welcome to St. Joseph's  
Outpatient Surgery Center.***

***Thank you for coming to us for your surgery.  
We want to make your visit as  
pleasant as possible.***

- St. Joseph's Outpatient Surgery Center is a modern, state-of-the-art surgery center, affiliated with St. Joseph's Hospital and Medical Center.
- Outpatient surgery is proven to be safe and convenient, and does not require a hospital stay. SJOSC is licensed by the State of Arizona and has been approved by Medicare.

If you have any questions please call us at (602) 406-3552.

**BEFORE YOUR SURGERY  
LABORATORY TESTS:**

- If you require any tests before your surgery, your physician will arrange them for you before the day of surgery.

**PREPARING FOR SURGERY:**

- Your doctor will tell you about taking your medication on the day of your surgery.

**TRANSPORTATION:**

- Our doctors have requested that you bring an adult with you who is able to stay at the center from the time you arrive until you are permitted to leave.
- For your safety, you will not be allowed to drive yourself home after your surgery.
- If your surgery requires an anesthetic or sedation, you should arrange for an adult to stay with you the first night after the surgery.
- If your child is the patient, it is helpful to have two adults on the trip home, one can drive and one can care for the child.

**GENERAL INSTRUCTIONS:**

- Please follow your physician's instructions for eating and drinking before your surgery.
- Do not drink alcohol or use drugs that your doctor has not approved for 24 hours before your surgery.
- Arrive on time so that your surgery will begin on time.
- Bring a WRITTEN list of ALL your usual medications, vitamins and supplements.

**ON THE MORNING OF SURGERY:**

- Take a bath or shower before you come to the surgery center. This will help prevent you from getting an infection.
- You may brush your teeth, but please do not swallow any water.
- Please notify your doctor immediately if there is a chance you might be pregnant.
- Please notify your doctor immediately if you have a fever, cough, rash or any other health changes, even if the symptoms are mild.
- Wear loose, comfortable clothing.
- Leave all your jewelry and valuables at home.
- Please bring photo I.D. and insurance card(s).
- Do not wear make-up or contact lenses.
- If our office, or the doctor's office has given you any paperwork about your surgery, please bring it with you.

**CHILDREN:**

- You may bring your child's favorite toy for extra comfort.
- Children having surgery may be brought in wearing pajamas.
- Please bring an empty bottle or 'sippy' cup if your child cannot drink from a cup.
- If your baby or young child is taking formula, please bring that with you to the center.

**WHEN YOU ARRIVE AT ST. JOSEPH'S  
OUTPATIENT SURGERY CENTER:**

- Please plan to arrive promptly at the time given to you by our staff.
- After you have registered at the reception desk, one of our nurses will escort you to a private dressing area where you will be asked to put on a surgery gown, cap and paper slippers.
- Your clothing and other personal belongings will be placed underneath your bed until you are ready to leave.
- It is strongly recommended that you leave all personal valuables at home.
- Any valuables not left at home must be given to the person accompanying you for safekeeping.
- Your nurse will spend time with you to answer any questions you might have and help with preparations for surgery. You will be asked to sign a consent form for your procedure.



Outpatient Surgery Center appropriate to the medications an/or anesthetics he/she will be receiving.

- It is the patient's responsibility to contact his/her physician if he/she has any complications
- It is the patient's responsibility to assure all payments for services rendered are on a timely basis and the ultimate responsibility for all charges are his/her, regardless of whatever insurance coverage he/she may have
- It is the patients responsibility to notify either the Administrator or one of the Managers at St. Josephs Outpatient Surgery Center if he/she feels any of his/her Patient Rights have been violated, or if he/she has a significant complaint or a suggestion to improve services or the quality of care. This can be done by filling out our patient satisfaction questionnaire or by direct contact or by telephone.

**ADVANCE DIRECTIVE NOTIFICATION:**In the state of Arizona, all patients have the right to participate in their own healthcare decisions and to make Advanced Directives or to execute Powers of Attorney that authorize others to make decisions on their behalf based on the patient's expressed wishes when the patient is unable to make decisions or unable to communicate decisions. St Joseph's Outpatient Surgery Center respects and upholds those rights. However, unlike in an acute care hospital setting, St Joseph's Outpatient Surgery Center does not routinely perform "high risk" procedures. While no surgery is without risk, most surgeries performed at this center are considered to be at minimal risk. You will discuss the specifics of your procedure with your physician who can answer your questions regarding its risks, your expected recovery, and care after your surgery. Our team is dedicated to delivering the highest quality care in a safe environment that places the patient at the center of our care. Arizona State law (CRF 416.50 Conditions for Coverage) permits us to decline to implement certain elements of your Advanced Directive, based on our conscience and commitment to patient care. It is the policy of St Joseph's Outpatient Surgery Center that if an adverse event occurs during your procedure or treatment, the medical surgical team will initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further evaluation. We will share your Advanced Directive with the caregivers at the acute care hospital where you are transferred. At the acute care hospital, further treatment or withdrawal of treatment measures already begun will be ordered in accordance with your wishes, advance directive, or health care power of attorney. If you do not agree with our facility policy we will assist you to reschedule your procedure in a facility more suited to meet your healthcare needs.

#### **DISCLOSURE OF OWNERSHIP**

These physicians have ownership in our facility:

Adrian Arya MD	Jeffrey Taffet MD
Amon Ferry MD	John French, MD
Charles Castillo MD	Thomas Gillespie MD
Daniel Charous MD	Mark Syms MD
David Bowne MD	Murray Cohen DO
James Andry, MD	Steve Chang, MD
Edward Joganic MD	Don Headley, MD
Eric Duquella MD	Richard Harding MD
Florin Gaidici MD	Rushda Mumtaz MD
Richard Golub MD	Sebastian Ruggeri MD
Timothy Haegen MD	Sujatha Gunnala MD
Todd Richards MD	Francisco Ponce, MD
Travis Holcombe MD	Manikandan Sugumaran MD
Paul Shapiro, DPM	Tim Schaub, MD
Randall Porter, MD	

St Joseph's Outpatient Surgery Center  
complies with applicable Federal civil rights  
laws and does not discriminate on the basis  
of race, color, national origin, age,  
disability, or sex

#### **PATIENT COMPLAINT OR GRIEVANCE**

To report a complaint or grievance you can contact the facility Administrator by phone at (602) 406 -3552  
Or by mail at:

**St. Josephs Outpatient Surgery Center**  
**240 W. Thomas Road**  
**Phoenix, AZ 85013**

Complaints and grievances may also be filed through the State of Arizona Office of the Director at:

**Arizona Department of Health Services**  
**150 North 18<sup>th</sup> Avenue**  
**Phoenix, AZ 85007**  
**(602) 364-2536**

All Medicare beneficiaries may also file a complaint or grievance with the Medicare Beneficiary Ombudsman. Visit the Ombudsman's webpage on the web at: [www.cms.hhs.gov/center/ombudsman.asp](http://www.cms.hhs.gov/center/ombudsman.asp)

If you are uncomfortable speaking with someone at our facility, you may contact the Joint Commission at 800-994-6610 regarding any quality of care.

**\*Important Information:** To pre register: Go online to [www.SJOSC.com](http://www.SJOSC.com)

Select online [Clinical History Link](#) for other languages please go to right side of screen and select.

Click on [Register](#) to start. Go to [One Medical Passport](#) follow the steps [Account Registration](#), [Patient & Visit Information](#), [Health History](#) and [Review & Send](#). Please sign out when you have completed.

**Important Information**

Date of Surgery \_\_\_\_\_

Arrive at Surgery Center \_\_\_\_\_

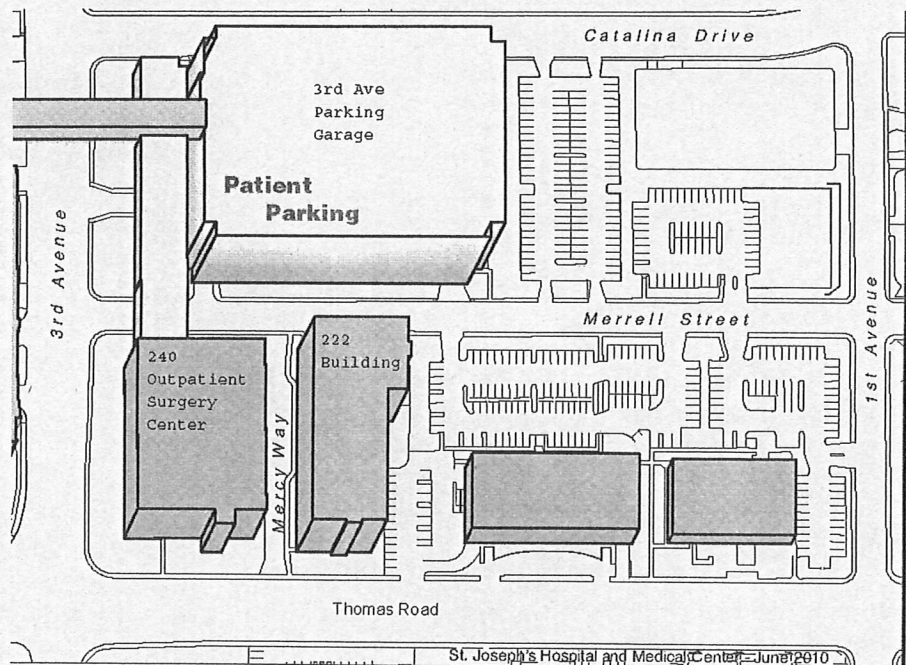
Surgery Time \_\_\_\_\_

Parking Code \_\_\_\_\_

**DIRECTIONS**

From Thomas, take Third Avenue north and go east on Merrell.

A parking garage is located on the north side, with Outpatient Surgery's pick-up and drop-off area just across the street. Complimentary parking is provided.



240 West Thomas Road - Suite A  
Phoenix, AZ 85013  
602-406-3552



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